

The 7 Deadly Sins (PT: Os 7 Pecados Capitais)

1. Pride (PT: Soberba)

Pride, or vanity, is the tendency to consider yourself better than other people. It is the sin of an extremely vain person, who thinks and acts as if he were above everything and everyone. The opposite of pride is humility.



2. Greed (PT: Avareza)

Greed, also called avarice, is excessive attachment to material goods and money. The greedy person is mean, that is, he does not like to share what he has and does everything to always have more. The opposite of greed is generosity.

3. Envy (PT: Inveja)

Envy is sadness for someone else's good fortune. The envious person has bad sentiments due to other people's achievements, and is unable to be happy for them, as if the other person's victory represented a personal loss. The opposite of envy is altruism.



4. Wrath (PT: Ira)

Wrath, rage or fury is an intense manifestation of anger or indignation that can result in verbal or physical aggression. The opposite of wrath is patience.

5. Lust (PT: Luxúria)

Lust, lewdness or debauchery is the sin associated with sexual desires. It is the abuse of sex or the excessive pursuit of sexual pleasure. The opposite of lust is purity.



6. Gluttony (PT: Gula)

Gluttony is the desire to eat and drink excessively, beyond your needs. It is the loss of control over one's body. The opposite of gluttony is moderation, self-discipline or constraint.

7. Sloth (PT: Preguiça)

Sloth, or laziness, is the lack of interest in activities that require effort, whether physical or intellectual. It can be defined as a lack of action or a lack of enthusiasm for any kind of work or activity. The opposite of sloth is vitality, drive or liveliness.



OS 7 PECADOS ATUAIS

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